



English Corner



April 2023

1. Easter

Wielkanoc to najstarsze, chrześcijańskie święto. Jego data jest ruchoma, gdyż obchodzi się je w niedzielę po pierwszej wiosennej pełni Księżyca (zazwyczaj wypada ona między 22 marca, a 25 kwietnia). Dla katolików Wielka Niedziela jest świętem najważniejszym, gdyż upamiętnia Dzień Zmartwychwstania Pańskiego. Wielkanoc, czyli Zmartwychwstanie Pańskie, jest świętem upamiętniającym zmartwychwstanie Jezusa Chrystusa.



Tradycje

Tradycja malowania pisanek zrodziła się w Persji. Polega ona na pomalowaniu jajka na wzór wielkanocny lub na jakiś kolor.



Każdego roku w święta Wielkanocne ludzie wierzący idą z koszykiem Wielkanocnym do kościoła, aby go poświęcić. Jest to symbol Zmartwychwstania i Życia, zbawienia, które dokonuje się za pomocą ofiary Jezusa na krzyżu. W takim koszyczku znajdują się jajka, chleb, baranek, sól, pieprz, wędlinę, masło, chrzan, Babka Wielkanocna

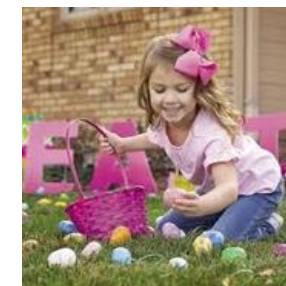


Lany poniedziałek odbywa się w najbliższy poniedziałek po świętach wielkanocnych. Polega na wzajemnym laniu się wodą.

Easter games:

EGG HUNTING

Polowanie na jajka jest to popularna zabawa, która polega na tym, że dzieci szukają czekoladowych jajek w ogrodzie schowanych tam wcześniej wśród traw, krzewów, a nawet drzew przez rodziców. Wygrywa to dziecko, któremu uda się znaleźć najwięcej. Poszukiwanie jajek odbywa się w poranek Niedzieli Wielkanocnej



EGG ROLLING



Jest to nic innego jak toczenie jajek z góry, wygrywa ten, którego jajko rozbije się jako ostatnie.



Chick



Lamb



Cross

Author: Alicja Woźniak

EGG TAPPING

Polega na zderzaniu ugotowanych jajek ze sobą przez dwie osoby w taki sposób, by stłuc skorupkę jajka współzawodnika.



EASTER WORDS



Easter bunny



Easter egg



Easter basket

2. Easter in my family (1)

Easter is very important for me and my family. We started our preparations a few weeks before by decorating eggs, baking cakes such as Mazurek and Babka which are Easter traditions. There is also a day which is called Smingus Dyngus, it relies on pouring water on people. On Easter Sunday, we had breakfast together. One of the main dishes we consumed during Easter is called żurek, which is a traditional sour soup and it's my favourite one!



Author: Aleksandra Sęk

3. Easter in my family (2)

I like Easter because I love spring. Birds are coming back after winter and there is a lot of crocuses, tulips and daffodils.

Easter is the most important Christian holiday.

On Good Friday we don't eat meat. We decorate homes for Easter and we prepare food.

On Easter Saturday we put food, like eggs, white sausage, bread and salt into baskets and we take it to church.

On Easter Sunday we celebrate breakfast with our family.

My favourite day of Easter is Monday when we have a special tradition called *śmigus-dyngus*. I can't wait Easter Monday to have a water battle with my younger brother!

Author: Aleksander Wroński

4. Easter in my family (3)

I would like to tell you about my Easter holidays.

In Poland, on Good Saturday we go to church to bless the food in the basket. In the Easter basket we put eggs, ham, bread, white sausage, salt and pepper, chocolate bunny or sugar lamb. The day before, we decorate the eggs by painting or sticking.

On Easter Sunday we go to church early in the morning.

Then we prepare a ceremonial breakfast. We eat special soup („żurek”) with white sausage and eggs. I love Easter.

Author: Bartosz Dzieran

5. Easter in my family (4)

In Poland the most important days of Easter are Friday, Easter Saturday, Easter Sunday and Monday (*lany poniedziałek*). On Friday people don't eat meat, but in my family we eat meat. On Easter Saturday people put some food (sausages, bread, eggs, salt, pepper and sugar lamb) in baskets. On this day my family make paper decorations and clean home. On Easter Sunday we have a big breakfast with the whole family. For breakfast we eat two salads, eggs with chives, sour vye soup in bread and cheese cake. After breakfast grandma brings us gifts. On Easter Monday we have a special tradition called - *śmigus dyngus* when we throw some water on other people.



Author: Nadia Burda

6. The Reasons Why You Need to Get a Pet.

Have you ever thought about getting a pet? Having a pet- no matter what kind of, can be really overwhelming as you need to take care of it and provide lots of time and affection. Some may not see getting a pet as a must have, but animals can really help us, by improving our mental and physical health. In this essay I will try to convince you to consider getting yourself a pet.

First of all, there are many health benefits of having a pet. Having a dog can increase the time we spend outside and exercise. Having a cat, on the other hand, can help to detect potential diseases (like a heart attack) and decrease blood pressure. Also, pets can be good for our mental health, as they can help manage loneliness and depression.

Secondly, pets are human's great friends- they don't judge and they love you unconditionally. You can always talk to them as they are great companion.

To sum up, I think that having a pet is a great idea, and can really change your life.



Author: Zuzanna Salyi

7. The Reasons Why You Need to Get a Pet.

Getting a pet can be a wonderful addition to your life for various reasons. Pets offer companionship, emotional support, and can even improve your physical health.

First and foremost, pets make great companions. They can offer unconditional love and support, and can be a great source of comfort and friendship. Whether it's a dog, cat, bird, or even a fish, pets can provide a sense of purpose and responsibility in your life. They are always there for you, whether you need someone to talk to or just want to cuddle up with them.

Additionally, pets can offer emotional support. They can help reduce stress and anxiety, and even lower blood pressure and heart rate. Studies have shown that spending time with a pet can release endorphins, which can improve your mood and overall well being. This can be especially beneficial for those who suffer from mental health issues or feel lonely.

Lastly, pets can improve your physical health. For example, walking a dog every day can provide regular exercise and help improve cardiovascular health. Playing with a cat or bird can also help improve hand-eye coordination and fine motor skills. Having a pet can also encourage a healthier lifestyle by making you more mindful of what you eat and how much exercise you get.



In conclusion, getting a pet can be a wonderful decision for many reasons. From providing companionship and emotional support to improving physical health, pets can offer a variety of benefits to their owners. However, it is important to do your research and choose a pet that is right for you and your lifestyle. With the right pet, you can experience the joys of pet ownership and all the benefits that come with it.

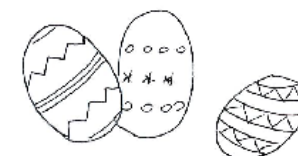
Author: Franciszek Bania

EASTER

- EASTER BUNNY



- EASTER BASKET



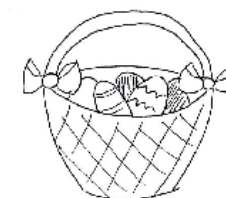
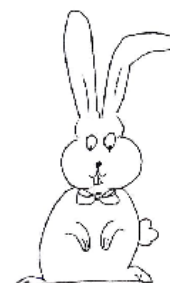
- EASTER CHICK

- EASTER LAMB



- EASTER EGGS

- EASTER PALM



Happy Easter !